

Biography



Diana Raleva is the authority on creating extraordinary health using Superfoods. She's bringing her un-pretentious, cost-effective, holistic tips to men, women and young adults who are more than concerned with their health — they're ready to do something about it. A physical therapist and lawyer by trade, she founded Youthful Aging Inc. to help everyday people integrate Superfoods into their lives in a fast, easy, fun way that doesn't require sacrificing busy lifestyles.

Diana is proving that nature's most healthy foods taste good. So good that you'll be comforted by, indulge in and crave them.

She's also busy bringing her powerful message and experience to wellness-focused business owners who need a new way to attract and retain customers -- using extraordinary experiences that connect mind, body and spirit in a holistic, organic way.

Through her company she's helping larger businesses lower health care costs – again using a Superfoods-focused corporate [wellness programs](#).

Natural lifestyles comes natural to this native Bulgarian who's managed to hold true to her Eastern European roots in a convenience-oriented globalized food culture. Diana writes, speaks and coaches passionately about food — in particular, how conscious eating choices lead to a more fulfilling, healthy life. She, her family and followers are living proof. Today she's helping people create better health, look and feel younger and lower medical bills.

Diana is helping people and businesses lower health care costs in ways that

1. Don't break the bank,
2. Take little time (conform to active lifestyles) and
3. Provide comfort to everyone involved... and enhance natural radiance (inner beauty).

How? By promoting a daily dose of delicious Superfoods per day. By [adding food in](#). Simple!

Contact

Diana Raleva
Principal
Youthful Aging Inc.
1219 Hull Terrace Suite 2C
Evanston, Illinois 60202 **224-392-2510**

email: diana@greencravers.com

DISCLAIMER

All information provided by Diana Raleva and Youthful Aging Inc. through its Web sites, email, print literature and oral presentations is for educational purposes only. It is in no way at all intended as medical advice or as a substitute for medical counseling or as treatment and/or cure for any disease or health condition and should not be construed as such. Diana Raleva and Youthful Aging Inc. urge CLIENT and its attendees/guests to always work with qualified health professionals before making any changes to your diet, prescription drug use, lifestyle or exercise activities. The information provided by Diana Raleva and Youthful Aging Inc. is provided "as is" and the listener assumes all risks from the use, non-use or mis-use of this information.

1219 Hull Terrace Ste. 2C

Evanston, Illinois 60202 USA

224.392.2510

diana@greencravers.com